



Coláiste  
**Bhaile Chláir**

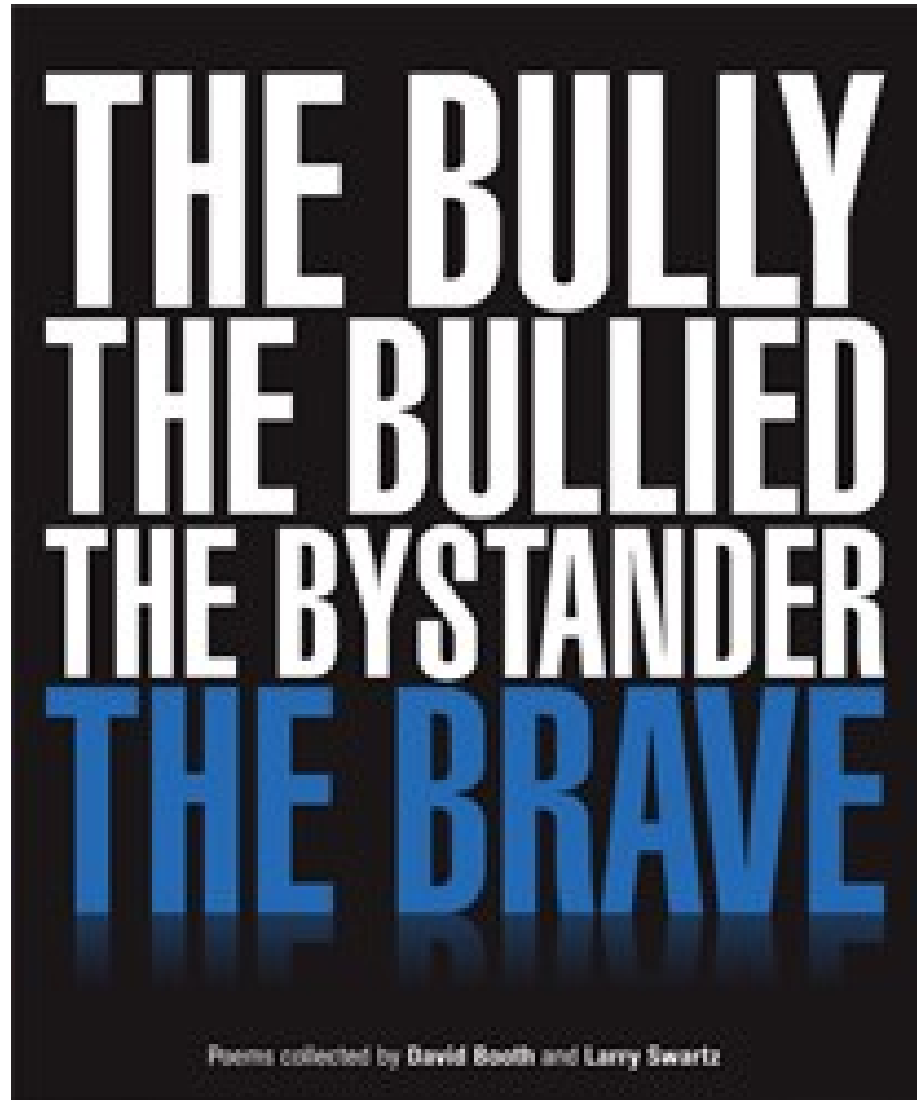
# Meas

Our safe school - a place of respect

- ▶ Respecting others makes the world a nicer place to be in.
- ▶ Treat others as you would want to be treated.



Watch the following link:



Answer Section 1 on the worksheet

The right side of the slide features a decorative graphic composed of several overlapping, semi-transparent blue geometric shapes, including triangles and polygons, in various shades of blue, ranging from light to dark.

# The Stay Alert Stay Safe Bullying Quiz

▶ Choose the correct answers for the following questions

**1. Bullying is a problem that affects:**

- a) Victims
- b) Bullies
- c) Communities
- d) All of the above

## 2. By definition bullies are:

- a) Generally aggressive toward their classmates, teacher, parents, siblings and others
- b) Happy children who just like to tease
- c) Well-liked and highly popular amongst their peers
- d) Just high spirited kids having a laugh and a bit of fun

### 3. If your are being bullied you should

- a) Start crying
- b) Fight back
- c) Ignore the bully and walk away
- d) Laugh back

Assault

Bystander

Destroying Things

# Bullying

Cyberbullying

Hitting

Harassment

Mean Notes

Embarrassment

Exclusion

Kicking

Intimidation

Name-Calling

Mean Looks

Pinching

Stealing

Teasing

Shoving

Rumors

Threats



## 4. Victims of bullying are generally known to:

- a) Deserve what they get
- b) Be funny looking
- c) Be unpopular at school
- d) None of the above

5. You are in the schoolyard and a kid four inches taller and much stronger than you approaches. With his fist in the air, he screams “You pushed me in line at lunch today. What are you going to do about it? Answer quick or I’ll break your face.” Your immediate response should be:

- a) “Leave me alone”, then walk away
- b) Threaten to break his face too
- c) Give a clever or funny response such as “Thanks, but I like my face just the way it is.”
- d) a or c

## 6. Bullies tend to pick on:

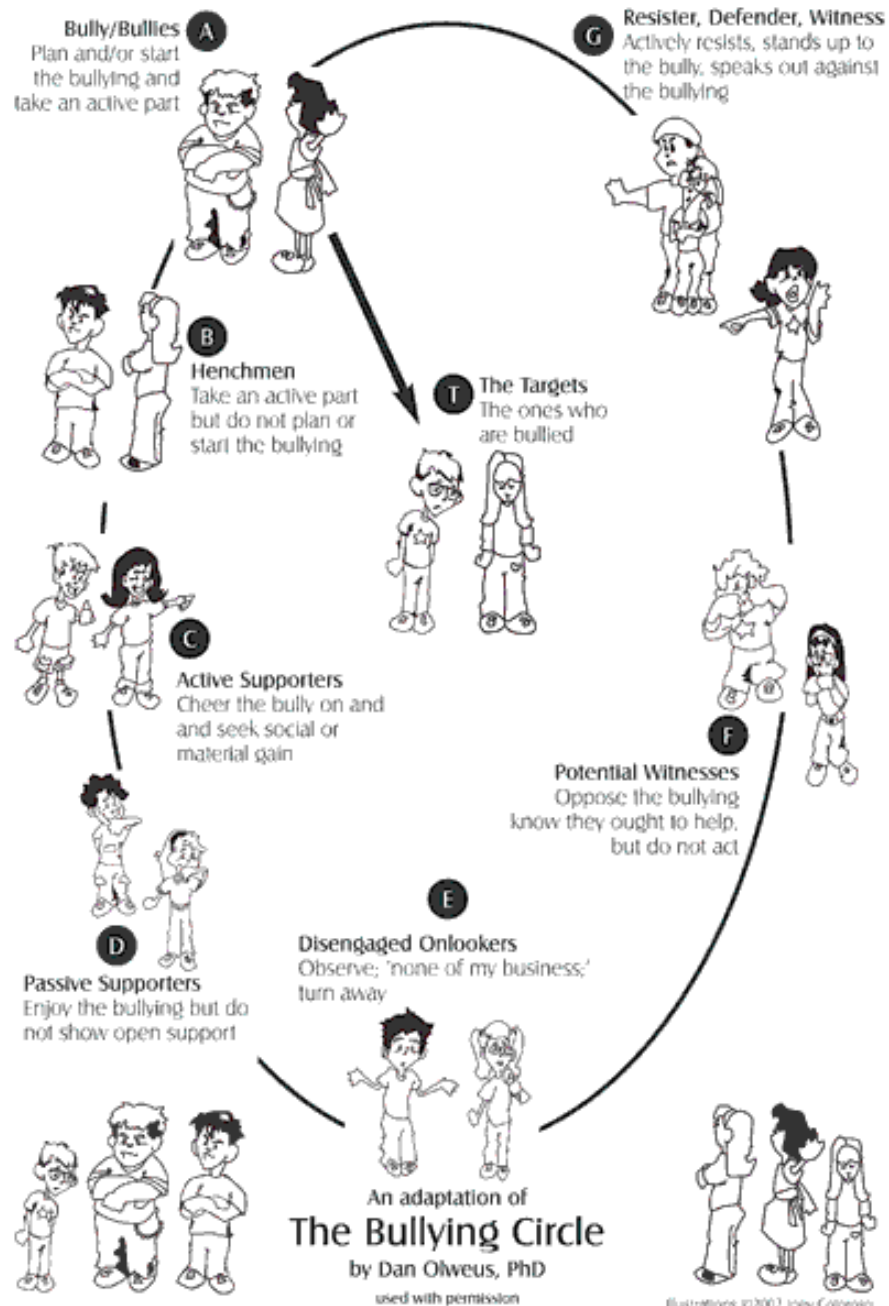
- a) Kids who are older and bigger than they are
- b) Kids who are all alone
- c) Kids who play together in a group
- d) Kids who play close to the teacher

## 7. The following behaviour may prevent you from becoming a victim of a bully:

- a) Becoming a bully yourself
- b) Walking tall and with confidence
- c) Taking up kick-boxing
- d) Playing by yourself at break

## 8. Bullying comes in many forms. It can be:

- a) Physical (hitting, punching, kicking)
- b) Verbal (name calling, sarcasm, threats, teasing)
- c) Emotional (tormenting, ridiculing, or humiliating another person)
- d) All of the above



Complete questions on worksheet



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